

RUN FOR THE RIVERS

Saturday, October 14, 2006
10K: 8:00 a.m. start
5K & 10K R.M.W.
Verona City Hall
5K: 8:05 a.m. start



Benefiting:

RIVER ALLIANCE
of Wisconsin

Register today for the 1st Annual 2006 Run for the Rivers 5K & 10k run and:

- You'll be helping keep Wisconsin's rivers clean for consumption and accessible for outdoor recreation. Race proceeds will benefit the River Alliance of Wisconsin, a non-profit, non-partisan group of citizens, organizations and businesses advocating to protect, enhance and restore Wisconsin's rivers and watersheds.
- RECEIVE WISCONSIN'S NUMBER ONE GOODIE BAG, containing a number of high-quality running and outdoor products valued at over \$64! Visit www.runfortherivers.org for details on goodie bag contents.
- Have a chance to realize your P.R. on our flat, fast 5K & 10K courses, and win one of 95 race awards (overall male/female, masters male/female, Company/Team, and top 3 in 15 male/female age groups) in each race.
- Enjoy free food and drinks from our sponsors, as well as entertainment and prizes at the post-race Expo!
- Take part in a relaxed, inclusive event. Dogs (on leashes), strollers and walkers are welcomed.

Directions:

• Races will be held at Verona City Hall (111 Lincoln Street, Verona, WI 53593). Visit www.runfortherivers.org for detailed course maps and race updates.

Packet Pick Up:

• Packet pick up will be held October 12-13, 2006 at Fleet Feet Sports Madison (8440 Old Sauk Road, Madison, WI 53717). Call (608) 833-9999 for store hours and directions. On-site packet pick up will be available on race day from 6:30 - 7:30 a.m. at race headquarters.

LOG ON TO WWW.RUNFORTHERIVERS.ORG FOR DETAILS, OR REGISTER ONLINE TODAY AT active.com

Presenting Sponsors:

Supporting Sponsors:

() Yes, I will be running the Run for the Rivers 5K, and am enclosing \$ _____ based on the fee schedule below.
 () No, I will not be running the Run for the Rivers 10K, and am enclosing \$ _____ based on the fee schedule below.
 () Yes, I will be running the Run for the Rivers 5K or 10K, but wish to contribute \$20 to the River Alliance of Wisconsin (made payable to the 2006 Run for the Rivers 5K and 10K) as a Ghost Runner.

Name: _____ Street: _____ City: _____ State: _____ Zip Code: _____ E-mail Address: _____ Home Phone #: _____ Gender: () Male () Female Age (on race day): _____

5K On-site Registration (10-14-06 at race site from 6:30 - 7:30 a.m.)
 () Single \$20 () Two \$35 () Three \$50 () Four \$65
 Family Pack: () Two \$45 () Three \$65 () Four \$85

10K Pre-Registration (must be received by 10-10-06)
 () Single \$25 () Two \$45 () Three \$65 () Four \$85
 Family Pack: () Two \$55 () Three \$80 () Four \$105

10K On-site Registration (10-14-06 at race site from 6:30 - 7:30 a.m.)
 () Single \$30 () Two \$55 () Three \$80 () Four \$105
 Family Pack: () Two \$65 () Three \$95 () Four \$125

Mail completed application and registration fee (make check or money order payable to "2006 Run for the Rivers 5K & 10K") to: 2006 Run for the Rivers 5K & 10K, 215 Overview Cir., Verona, WI 53593. Registration is also available online at active.com.

Waiver/Release: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of the 2006 Run for the Rivers 5K & 10K for illness or injury, which may result directly from my participation in this event. I also grant permission for my name and likeness to be used in photographs, motion pictures, recordings or any other record of this event for any legitimate purpose in supporting the 2006 Run for the Rivers 5K & 10K.

Signature: _____ Date: _____ (Parent's signature if under 18)